VERTICAL LIFELINE INSPECTION FORM

FALL PROTECTION DISTRIBUTORS, LLC

OSHA 1926.502(d)(21), construction: "Personal fall arrest systems shall be inspected prior to each use for wear, damage and other deterioration, and defective components shall be removed from service." OSHA 1910.140(c)(18), general industry: inspect before initial use during each workshift. Scheduled Competent Person inspections follow the manufacturer's instructions, ANSI/ASSP Z359.2 (at least annually) and your employer's program; inspect more often under heavy use or harsh conditions. A scheduled inspection never replaces the pre-use check.

MANUFACTURER: _____ **MODEL #:** _____

SERIAL #: _____ **LOT / BATCH #:** _____

DATE OF MANUFACTURE: _____ **DATE FIRST IN SERVICE:** _____

INSPECTOR NAME / POSITION: _____ **USER (AUTHORIZED PERSON):** _____

INSPECTION DATE: _____ **TYPE:** ☐ Pre-Use ☐ Scheduled (Competent Person)

RECORDS AND LABELS	PASS	FAIL
Labels readable on lifeline and rope grab: model, serial, capacity, warnings	☐	☐
Scheduled Competent Person inspection current; no open "do not use" tag; no fall arrest history	☐	

ANCHORAGE AND TOP CONNECTION	PASS	FAIL
Anchorage is the one designated in the fall protection plan; one user per lifeline	☐	☐
Top termination (snap hook, thimble, splice, or stitching) intact	☐	
Connector compatible, fully seated, closed, and locked	☐	☐

LIFELINE: FULL LENGTH	PASS	FAIL
No cuts, frays, abrasion, or broken or pulled strands	☐	☐
No burns, melting, glazing, stiffness, chemical damage, or UV damage	☐	
No added knots or contamination; diameter consistent end to end	☐	☐
Line protected from sharp edges and abrasion points	☐	
Bottom end terminated per the manual so the rope grab cannot run off	☐	☐

ROPE GRAB	PASS	FAIL
Rope grab matches the lifeline type and diameter shown on its label	☐	☐
Installed in the correct direction (UP arrow toward the anchorage)	☐	
Body, cam, and hinge: no cracks, wear, corrosion, or deformation; springs functional	☐	☐
Travels freely, locks on a sharp downward pull, and the gate closes and locks	☐	

CONNECTING LANYARD AND ENERGY ABSORBER	PASS	FAIL
Energy absorber not deployed; cover intact	☐	☐
Connectors: no cracks, bends, or corrosion; gates close and lock automatically	☐	

ANY ITEM MARKED FAIL, OR ANY DOUBT, REMOVES THIS LIFELINE OR ROPE GRAB FROM SERVICE.
A lifeline or rope grab that may have arrested a fall is removed from service immediately, even with no visible damage. Always follow the system manufacturer's own inspection instructions for the line, end connections, and rope grab. Never patch, resew, reset, or make unauthorized repairs. No universal expiration date applies: follow the manual's service life and retirement criteria.

RESULT: ☐ Passed, in service ☐ Failed, removed and tagged **NEXT SCHEDULED INSPECTION DUE:** _____

INSPECTOR SIGNATURE: _____ **DATE:** _____