

Weekly Safety Talk #1 — Tailgate Discussion Guide

At What Height Is Fall Protection Required? · StandingSeamRoofAnchor.com · Fall Protection Distributors, LLC

Foreman: work through these with the crew on site — point at the actual roof, the actual edges, the actual gear. Then run the 3-question quick check and have everyone sign. OSHA 1926.503 requires written certification of fall protection training; file this sheet with your training records.

Talk it through (10 minutes, on the job site)

1. Walk the job in your head: where are we above the trigger height today?

Prompt: the trigger is 6 ft in construction, and you measure to the next lower level — not the ground. Who's working over a lower roof, a mezzanine, or a stairwell where the height is more than it looks?

2. What are we tied to, and who verified it?

Prompt: an anchor is 5,000 lb per person or engineered. Who installed ours, what's it rated for, and on a seam roof — did anyone check the panel compatibility chart?

3. What's legal on THIS roof pitch?

Prompt: over 4:12, warning lines and safety monitors are illegal — it's guardrails with toeboards, nets, or tie-off only. What pitch are we on, and does everyone know which system we're using?

4. If someone goes over the edge right now, tied off — what happens in the next five minutes?

Prompt: 1926.502(d)(20) requires prompt rescue, and suspension trauma starts in minutes. Who rescues, with what, and has anyone practiced it?

5. Any skylights, holes, or openings on this job?

Prompt: a skylight is a hole with a lid that won't hold you. Where are they, and are they covered, guarded, or are we tied off around them?

Quick check (circle as a crew)

A. Construction trigger height at an unprotected edge: 4 ft / 6 ft / 10 ft

B. On a steep roof (over 4:12), a warning line alone is: Legal / Illegal

C. In a boom lift you tie off: Above 6 ft / At all times, any height

Crew sign-off — we discussed this Safety Talk on site and reviewed the answers:

Name (print)	Signature	Date

Foreman / competent person: _____ Job site: _____

Quick check answers: A: 6 ft (1926.501(b)(1)) · B: Illegal (1926.501(b)(11)) · C: At all times (1926.453(b)(2)(v))

Free to copy and share. Full write-up, all 50 state trigger heights, and the fall clearance calculator:

standingseamroofanchor.com/latest-news/at-what-height-is-fall-protection-required/